

There are several key ways Prepare-Enrich is used as a marriage relationship building tool:

PREPARATION FOR MARRIAGE

Individual facilitated sessions for engaged couples cover ten core areas with focus on:

- Couple and Family Relationship Map
- Idealistic Distortion
- Relationship Roles
- Individual Stress Profiles

ENRICHMENT OF A MARRIAGE

Individual facilitated sessions for married couples cover ten core areas with a focus on:

- Agreement Disagreement
- Positive Negative
- Couple Types
- Relationship Dynamics
- Unrealistic Expectations

Over 3 Million couples - empowered and energized in the last 30 years!

PREPARE/ENRICH is the #1 relationship inventory and couples assessment tool. Find out how we can help enrich your relationship and strengthen your marriage.

“Getting” vs “Being”

For those who work with dating and engaged couples, it may be hard to fathom that any of these blissfully happy couples will eventually divorce and/or become discontented in their relationship. If you ARE a dating or engaged couple, you may believe that nothing could cause you to question your relationship with your beloved.

PREPARE/ENRICH

Is an assessment tool developed through research. The items you respond to are customized to provide specific feedback for couples that are engaged vs. married couples. There is also a customization for couples with no children vs. couples that may be marrying with children. And, there is a customization for each spouses spiritual background where one or the other spouse is Protestant or Catholic or Jewish ... These specific inputs, and your assessment responses, will identify the unique strengths and potential growth areas in your relationship. Your Couples Report and review with a facilitator trained to provide feedback, will help you take on the proven relationship building exercises and grow a harmonious relationship together.

What Others Say

“I wanted to tell you how wonderful I think the materials are. The precision of customization, the clarity of expression, the graphics, the insights, the usability - all make for an excellent presentation”

My Marriage Mentors

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PROGRAM FOR COUPLES

WITH PREPARE/ENRICH
English/Español

Marriage Mentoring

with facilitators

Noemi & Eric Ross

ABOUT PREPARE-ENRICH

Prepare Enrich is a customized couple assessment completed online that identifies a couple's strength and growth areas used for marriage enrichment, engaged couples, and dating couples considering engagement.

Using your assessment results, facilitators will help you through 4-8 feedback sessions where we will discuss and help you understand your results. During these sessions, facilitators will present proven exercises designed to help couples work together. Learning these skills will enhance your relationship for life.

This mentoring program helps couples: explore strength and growth areas, strengthen communication skills, identify and manage major stressors, resolve conflict using the ten Core Scales, develop a more balanced relationship, explore family of origin issues, discuss financial planning and budgeting, establish personal, couple and family goals and to understand and appreciate personality differences.

Assessment Uses Two Scores

Tremendous results occur as couples work together and agree together and resolve their significant differences over ten core areas.

REVISED INDIVIDUAL (REV) SCORE

Depicts how satisfied an individual is in each content area and gives a more accurate description of how the individual perceives each area of their relationship. It is derived by comparing responses to the broad norm base of over 3 million responses and then adjusted for idealistic distortion.

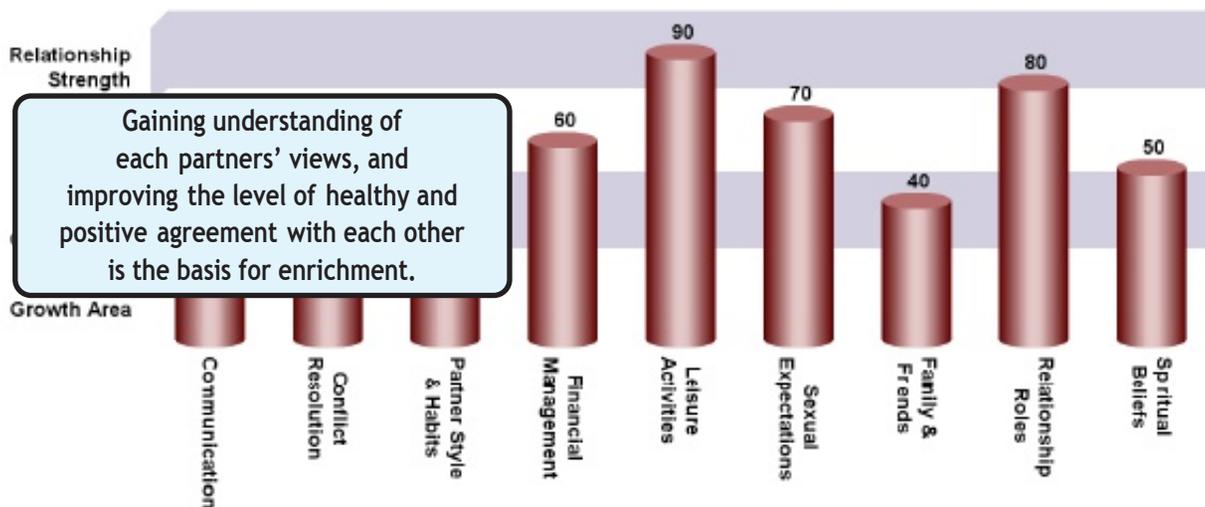
POSITIVE COUPLE AGREEMENT (PCA)

Is based on the number of healthy, or positive responses, where partners agree in each core area. Scores bring focus to Strengths and Growth areas so couples can target relationship building exercises that are most beneficial. And, when the report identifies a negative, or unhealthy item, it is highlighted for Special Focus.

Directions for Couples

1. Login using the URL and Code provided.
2. Review and accept Terms and Conditions.
3. Provide payment directly or enter the pre-paid code provided by your facilitator.
4. Answer several background questions to customize the assessment.
5. Review directions and each of you privately enter your assessment responses.

Couple Typology (Core Scales)



GETTING STARTED

1. Purchase your mentoring package
2. Provide the following to your facilitator
 - Couple names and email addresses
 - Your Pastor or sponsors name
 - Preferred Language
 - Spiritual Background
 - Relationship status
3. Your facilitators will reply by email with your assessment login information

COUPLES LOGIN

<http://www.prepare-enrich.com/>

ASSESSMENT REPORTS

It will typically take between 35-45 minutes to complete the assessment. When both partners are finished, your facilitator will receive an email that your report is ready. Your facilitator will provide your Couples Report and the Couple's Workbook at your first feedback session.

ORDER ONLINE

<http://my marriage mentors.org/>